

International Yoga Day

21/06/2024

Cadets of 23 Pb BN NCC Rupnagar Sri Guru Tegh Bahadur Khalsa College, Sri Anandpur Sahib, celebrated of International Yoga Day. Where 180 cadets and various officer, civil administration, and Defence personnel participated and Yoga Guru Dr Ashok Kumar taught various Asans and their benefits on 05/06/2024.

