

All India Inter-Varsity Gold Medallist Heena Our Pride in Weight Lifting Session 2024

Our College Sri Guru Teg Bahadur Khalsa College Sri Anandpur Heena weight lifter won

Gold Medal in All India Inter Varsity Women Weight Lifting 2024-25 .She lifted 202 kg

Total weight in her 76 kg category which is going at central University Dharamshala from

14/2/2025 to 18/2/2025. On this great achievement of our weight Lifter Heena College

Principal Dr Jasvir Singh congratulated and appreciated the weight Lifters and Head of

Department Physical Education Prof Ashok Kumar, Prof Jagwant Singh and Kabaddi coach

Gurdev Singh and motivate for future also.

