

An Exhibition ‘National Nutrition Week’ conducted by the Department of Agriculture

The Department of Agriculture, Sri Guru TegBahadurKhalsa College, Sri Anandpur Sahib organized an Exhibition dedicated to ‘National Nutrition Week’ on 07 September, 2021. The activity was carried out under the guidance of Prof. Bhawana Thakur (Head, Department of Agriculture), convener Prof. Aditi and coordinated by Prof. Kamal Kumar, Prof. Kamlesh, Prof. KirandeepKaur, Prof. MandeepKaur (Department of Botany), Prof. SatvirKaur, Prof. MadhuVerma, Prof. Gurpreet Singh, Prof. Karanjot Singh. The students prepared different types of food (weight gain, weight loss, thyroid, high blood pressure, anemia etc) with based on the theme “Personalise your plate”. Principal, Dr. Jasvir Singh visited the exhibition along with other faculty members and praised the efforts of students. The department actively conducts many such activities to create health awareness about what kind of food we should consumed as per the person’s health requirement.

