Sri Anandpur Sahib, Distt. Rupnagar (Punjab) 140118 An Autonomous (Grant-in-Aid) College

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Best Practices

Best Practice – 1: Holistic Growth through Moral Values

The Objective:

Fostering moral values among students is essential for their holistic development and for preparing them to be responsible members of society. Sri Guru Teg Bahadur Khalsa College takes a strong stance in integrating moral values into the college experience, leading to students developing into well-rounded individuals who are not only academically competent but also ethically and morally responsible.

The Context:

Ethical and moral values encompass the integration of principles such as honesty, integrity, empathy, and social responsibility into the curriculum and learning environment. It aims to cultivate a strong ethical foundation in students, guiding their behavior and decision-making. By promoting critical thinking and ethical reasoning, education seeks to equip students with the skills to navigate complex moral dilemmas and contribute positively to society. Ethical and moral values also foster a culture of respect, inclusivity, and fairness, promoting empathy and understanding among diverse individuals and communities. Through character education, service-learning, and ethical leadership development, education plays a crucial role in shaping individuals who demonstrate integrity, compassion, and a commitment to upholding ethical principles in their personal and professional lives. Dealing with students of all genders collectively and keeping under check the gender factor can be quite challenging, especially when 75% of the students come from a background where restrictions are many and awareness is entirely lacking. Moreover, certain alarming tendencies have been found prevalent among the students such as dependence upon drugs and excessive indulgence in modern electronic devices. All these factors erode the value system while distracting and diverting them from the path of knowledge. Hence, the need to remind the students of such values as self-restraint, compassion, integrity, honour, responsibility, respect, and fairness. Students need to understand that the secret of success consists not only in developing skills to become more employable but in developing a balanced personality that can undergo trials and tribulations with equanimity while serving the humanity in one's individual capacity.

The Practice:

Education should not be restricted to providing subjective knowledge, instead it should also focus on cultivating the right moral values. Instilling moral values helps students develop the ability to make ethical decisions in various situations, both within their academic and personal lives. This includes understanding the consequences of their actions and considering the well-being of others. College is in the vicinity of Sri Anandpur Sahib (a holy city), this fact onus us to nurture students' character by promoting virtues such as honesty, integrity,

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empathy, compassion, and respect for others to commemorate the supreme sacrifice made by the Ninth Guru, Sri Guru Teg Bahadur Sahib, for religious freedom and human rights. These qualities form the foundation of ethical behaviour and contribute to the overall development of students.

Students celebrate 'Sangrand,' the monthly religious congregation wherein some scholar of repute is invited to enlighten the students about sterling moral values. Every month on 'Sangrand' one lecture is kept aside for the students and staff to visit college gurdwara sahib to pay their obeisance. Hymns are recited followed by the principal's address about right living and high thinking. Daily quotes and thought of the day are strategically displayed on the on the main screen near principal's office. The entire faculty uses tutorial classes to inform the students about the value of decent behaviour, peaceful co-existence, and respect for authority. 'Hukamnama' from the holy Sri Guru Granth is displayed on the Gurdwara sahib notice board to enlighten the path of students and staff members for their daily activities. The supreme organisation of Sikhs, management of the college SGPC and other religious organisations conduct divinity exams based on Sikh history to connect students to our rich heritage and culture. To promote healthy living and cultural awareness, college motivates students to participate in sports and cultural events also college organises annual sports day for students and staff. Mentoring sessions are organised on regular basis for students to make them aware of the code of conduct in college and to address student's problems. The success of this is evident from the fact that no case of ragging and eve teasing has been reported in the college.

Evidence of Success:

College uncompromising policy on not limiting to academic knowledge but also on generating moral and ethical values among students has created congenial atmosphere for teaching and learning. As a result, there has hardly ever been any student strike or any serious incident of indiscipline. This has instilled trust and confidence in the hearts of the parents regarding the optimum working of the college. Increase in the strength of the students is ample evidence to this fact. No narcotics or related cases has been reported in the college campus also point towards the level of moral grounds our college staff and students uphold to. No case of ragging has ever been reported. There is greater participation in sports and other extracurricular activities. Attendance in classes and in the college, library is considerably high due to noble traditions and judicious counselling by the teachers which have gone a long way to inculcate positive and helpful attitude among the students.

Problems Encountered and Resources required:

College Management do come across few problems in the implementation of this noble practice. Some students project indifference to the programmes meant for moral and ethical education. This is truer of a section of boys. For instance, not all of them would be part of the

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congregation during monthly prayers which are normally held in and around the Gurudwara premises. Likewise, some of the students would choose to lurk around in the college grounds when some specially organized programme is taking place in the college auditorium. The compulsions of time-table schedule and syllabus completion also function as constraints in implementing this practice more strenuously. Another limitation regarding its implementation is the dearth of space in the college hall, which makes it impossible to accommodate the entire student strength at one go for such educative programmes. As far as the resources required are concerned, the implementation of this practice requires only the mobilization of human resources. Student's involvement and teacher's inclination and persuasion are of prime importance in making this practice a meaningfully significant activity.

Best Practices-2:

Title: Community Service

The Objective:

Sri Guru Teg Bahadur Khalsa College takes a strong stance in being socially responsible organisation. College actively encourages community engagement of the students and creates a positive impact on its inclusive growth. Students are made aware of the issues in the society that are challenging and are motivated to set up relationships with the society that embody and communicate ambitious standards in it.

To engage students in community service to encourages them to recognize their roles and responsibilities as citizens. It instils a sense of duty towards contributing to the welfare of their communities.

To fosters empathy, understanding, and appreciation for the challenges faced by different segments of society by taking part in community service, students gain exposure to diverse social issues, cultures, and populations.

To develop valuable personal skills such as Leadership, Communication, Teamwork, Problem-Solving, and Time Management by taking part in Community service. These skills are crucial for success both in college and beyond.

To build connections with individuals and organizations within their communities by engaging in community service allows students to connect. These connections can lead to valuable networking opportunities, internships, and potential career paths.

To make students capable enough to apply the knowledge and skills they get in the classroom to real-world situations by taking part in community service. This firsthand experience enriches their learning and helps them see the relevance of their education.

To make students capable of reflecting on their values, beliefs, and goals through community service experiences to promote deeper understanding of themselves and their place in the world, leading to personal growth and self-awareness.

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The Context:

Education, in the current era, has been shifting its paradigm towards being a trade commodity rather than imparting values along with knowledge. This led to decaying of values and cultural crisis further resulting in the need of "Value Education." Education with values tends to be more meaningful in social contexts. The college passionately believes that education should not only prepare students for their profession, but it should prepare them for their role as a societal being. Students participate in community service through the various activities of NSS, NCC, Red Cross Unit and other activities organised at college level. Students participating in community services not only felt motivated to get out of their egocentric world and promote community services as hobby, but they also realised their personal and social development goals without limiting themselves to mere educational goals.

The Practice:

Community service is a crucial aspect of education as not only it promotes personal growth by developing interpersonal skills along with civic responsibilities but also promotes sense of responsibilities among youth. By participating in community service, students are introduced to good values and morals. By following the principals of 'Sacrifice and Service for the sake of humanity' of the Ninth Prophet (Guru) (whose good name the college partakes of), and staying true to college's motto, "May I Never Refrain from Good Deeds", college promotes values like humility, gratefulness, honesty, sincerity, and respect among students by inspiring them to volunteer for community services and serve the community they belong to.

The college has set up a community help center under the name of 'Red Cross Unit'. This unit acts as a liaison between students, faculty, staff, and community organizations of the area. It works in tandem with the college 'NSS' and 'NCC' units which are always in the vanguard of community services. Every year the college library organises a 'Free Library Extension service' (Books Donation Drive) for the community during the festival of Hola Mohalla. College has adopted some villages for diverse services. For the past years, the students have volunteered to perform village cleanups village paths are levelled and potholes are filled up particularly after the rainy season. Village pastures are cleared up of plastic and synthetic waste. Few months earlier, students conducted a cleanliness drive in college campus and nearby areas to commemorate the 'Swachh Bharat Abhiyan' of Government of India celebrating 75 years of independence of India. Students often plan awareness marches in the city to enlighten the public against social evils, such as dowry deaths, female foeticide, drug addiction, communalism etcetera. Supported by college cultural society, volunteers stage street plays and skits in villages to generate awareness about stubble burning issues and water conservation methods such as rainwater harvesting. 'Mera Mittar Kisan' is an initiative by college and Department of Agriculture along with other allied departments to disseminate the knowledge among Farmers for the upliftment of their livelihoods and to encourage farmers towards cash crops replacing traditional crops like wheat and paddy. The main objectives of this initiative are to make farming more profitable by motivate farmers for organic farming and cultivation of exotic vegetables and developing more awareness about the new

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technological and cultural practices to the farming community. Anandpur Sahib is a significant Sikh holy city holding immense historical, cultural, and religious importance. Anandpur Sahib hosts various religious festivals and celebrations throughout the year, attracting thousands of pilgrims and visitors. The Hola Mohalla festival, celebrated immediately after Holi, is one of the most significant festivals in Anandpur Sahib, featuring martial arts displays, processions, and religious gatherings. Our student volunteers perform commendable service by assisting various NGOs in running First-Aid booths, regulating traffic, arranging, and serving drinking water and holy communion to devotes gathered for Procession of Sacred Hymns and in guiding the tourists and pilgrims. Our volunteers serve in community kitchen (Langar) set up for the pilgrims with great dedication and enthusiasm. With the support of local administration, the college's NSS wing organises various blood donation camps on various occasions to serve the noble cause. Students from NSS, NCC and from other departments actively take part in these camps along with Staff of the college. The college stands out notably due to its Community Radio Station, authorized by the Ministry of Information & Broadcasting, Government of India. Operating on the 90.8 MHz frequency, it broadcasts programs covering general awareness and current affairs, crafted, and aired by different departments within the college. Reputed personalities and speakers from different fields are also invited to head the discussions/programs on various Social, Academic, General Awareness, Religious, Cultural, and other trending topics over air. Covering a radius of approximately 40 kilometres, this radio station represents our pioneering effort as the first college in the region to embark on such a distinctive venture. It serves as a testament to our ongoing expansion of infrastructural capabilities.

Evidence of Success:

Activities conducted during Holla Mohalla (2019-2024)

Our students diligently supported the local administration and other *NGOs* to make the needed arrangements for devotees gathering for the Holla Mohalla festivals held over 2019-2024. Students assisted the old and physically disabled to pay obeisance. The college organized Langar annually for devotees irrespective of their caste, creed, religion, invoking a sense of unity and equality. The College buses are deputed for free service of old and physically disabled pilgrims up to the permissible distance. Medical camps, First Aid booths and emergency services were organized by *NSS* and *Red Cross* volunteers.

Fostering Personal and Social Responsibility (2019-2024)

Various activities are conducted throughout the year to promote a sense of personal and social responsibility in the students. Awareness campaigns against paddy straw burning are conducted by different departments. The Department of Agriculture helps the farming communities in nearby villages to takes the initiatives to grow Exotic Vegetables like Broccoli, Seedless Cucumber, Lettuce etcetera, which are the potential crops in terms of higher economic returns. Various departments organize sapling Plantation drives in the

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surrounding villages in which free sapling were distributed. The students regularly participate and conduct awareness promotion rallies, campaigns, and activities like a plastic ban, female feticide, etcetera. Various guest lectures and talks to protect the environment are conducted every year. Each year, the *NSS* and *Red Cross* associations organise various blood donation camps where blood is donated to non-profit organisations/blood banks. The college believes that the best place to start Cleanliness is from the home itself. Therefore, we ensure that our campus and nearby places are neat and clean. Special Lectures on the mental well-being of students and staff are organized. Special emphasis is laid to strengthen cultural, aesthetic, and moral values. Guest lectures are organized to create awareness amongst students and staff towards our responsibility for societal development.

Problems Encountered and Resources Required:

Generally, the students are quite enthusiastic about community service activities except when the exams are close at hand, for mostly holidays or special days are used for such activities. Students from science and professional streams are hard pressed to spare any time particularly due to semester system of examination. They often hesitate to participate in those community service camps which are held away from the college or encroach upon their tuition schedule. Certain service activities require special kinds of 'kits' which became a little difficult to procure in sufficient number from the concerned departments. Mostly the college uses its own resources to provide the required implements or equipment etc. Some students also make small but meaningful contributions.