

## **WEIGHT LIFTING INTER COLLEGE COMPETITION**

The Department of Physical Education, Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib(Punjab) organized a Punjabi University Patiala Inter College Weight Lifting Competition from October 04 -06, 2019. A total of 240 (Boys & Girls) players from 18 different colleges participated in this competition. Mr. Parmveer Sharma (Arjun Awardee) Punjabi University, Patiala was observer and SAI Coach D.K.Sharma, Coach Gurvinder Kaur, Surinder Pal, Gopal Sharma and Sanjeev Kumar was the officials in this competition. In this competition over all championship (Boys) was won by Desh Bhagat College,Dhuri and Girls championship was won by Physical Education College ,Kalyan. Prof. Gurwinder Singh was the local coordinator of this competition.

